



photo by Aaron Singer

Susan Burrell - Bio

Susan is the author of *Live Your Empowered Life - A 30-Day Journey Book*. And she has a thought provoking podcast called *Empowering Chats with Susan Burrell* that can be found on Apple Podcasts, Spotify, iHeart Radio and other popular platforms. Her guided meditations are accessible through the **Insight Timer App**.

Susan is a feisty Scorpio (was even born with the red hair to back it up!) who has navigated life by learning how to listen within to that Divine urge that keeps pointing her in the direction of her life's purpose even when she can't see the road. She is an intuitive healer and spiritual guide in the crossroads of life. With a Masters Degree in Consciousness, Susan has been counseling and supporting people in transforming from the inside out for over 25 years. Her methods are proven because she has lived this journey to empowerment.

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